



Jointly provided by the Benton Franklin
Medical Society & the Spokane County
Medical Society



MEDICINE 2017

FRIDAY, OCTOBER 6, 2017
7:00 AM – 5:00 PM

HOTEL RL (FORMERLY RED LION HOTEL AT THE PARK)
303 W NORTH RIVER DRIVE, SPOKANE, WA 99201

Agenda & Faculty

7:00 AM	Registration / Light Breakfast
7:45 AM	Welcome and Introductions Kang Zhang, MD, Program Chair
8:00 AM	Critical Review of Menopause and Hormone Replacement Therapy R. Steven Brisbois, MD
9:00 AM	Getting the Biggest Bang for the Buck: Basics of Radiation Biology, Radiation Dose and Thoughtful Ordering of Imaging Studies Robin Hines, MD
10:00 AM	Break
10:30 AM	High Value Care: Choosing Wisely to Improve Quality of Care Carrie Horwitch, MD
11:30 AM	Lunch
12:30 PM	Pre-exposure Prophylaxis: A Powerful HIV Prevention Tool for the Primary Care Provider Uma Malhotra, MD
1:30 PM	Local Vaccine and Vaccine Preventable Illness Update Sarah d'Hulst, MD
2:30 PM	Break
3:00 PM	From Banting/Best to Basal/Bolus: A Case-Based Framework for Outpatient Insulin Management Rachel Safran, MD
4:00 PM	Resident Presentations: Common Prophylaxis, Rare Complication Heidi Shovel, MD, Internal Medicine Resident Treatment of Hepatitis C in a Rural Setting Kyle Rattray, MD, Family Medicine Resident
5:00 PM	Adjourn

ONLINE REGISTRATION FOR MEMBERS IS AVAILABLE AT:
www.spcms.org

COURSE OBJECTIVES:

At the conclusion of this program participants will be able to:

- Discuss the significance of menopause; discuss non hormonal treatment options and review the risks and benefits of HRT.
- Describe 3 sources of radiation exposure and their relative impact on the human population.
- Discuss the "ALARA" principle and how it can be applied in clinical practice.
- Discuss concept of high value care and specific cases for high value care.
- Discuss system based improvements to achieve improved quality.
- Address the rationale for use of PrEP, appropriate candidates, drug regimen, concerns, patient education, monitoring and CDC guidelines.
- Prepare attendees in the use of PrEP in the primary care setting.
- Increase awareness of local 2017 vaccine preventable illness trends.
- Review when and how to start basal insulin therapy and prandial insulin therapy; how to adjust basal and prandial insulin therapy; the evidence for and against "sliding scale".
- Discuss what to do with oral agents after starting insulin therapy and when to use novel insulins (ultra-long acting, ultra-rapid, ultra-concentrated).
- Identify clinical course and radiographic findings of medication induced lung hypersensitivity.
- Differentiate acute vs chronic nitrofurantoin-induced pulmonary injury and identify early symptoms of nitrofurantoin-induced pulmonary injury so that severe complications can be avoided.
- Discuss the current treatment options for Hepatitis C and the major indications for referral to hepatology.
- Discuss working with patients who are unwilling or unable to travel to tertiary care centers.

CME Category 1

7.0 Total

This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association through the joint providership of the Benton Franklin County Medical Society (BFMS) and the Spokane County Medical Society. The Benton Franklin County Medical Society is accredited by the WSMA to provide continuing medical education for physicians.

The BFMS designates this live activity for a maximum of 7 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 7 hours of Category 1 CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Spokane County Medical Society Presents MEDICINE 2017

I prefer: Thumb Drive Copied Syllabus
Meal Preference: Regular Vegetarian Other _____
Name: _____ Credentials / Degree _____
E-mail Address: _____
Address: _____
City & State: _____ Zip Code: _____
Specialty: _____
Daytime Phone: (____) _____

Please make pre-payment by: Check VISA MC
Make checks payable to: SCMS
Account Number: _____
Name on Card: _____ Exp. Date: _____
Card Holder's Billing Address & Zip: _____
Daytime Phone: (____) _____

Cancellations must be made by September 22, 2017 for a refund.

Return Form To:

Spokane County Medical Society • 901 E. 2nd Ave., Ste. 301 • Spokane, WA 99202
Phone: 509-325-5010 • Fax: 509-325-5409 • karen@spcms.org

FULL DAY SYMPOSIUM – 7 CREDITS: Friday, October 6th

	Early Registration By 9/1/17	Registration Fee After 9/1/17	Total
Physician Member (MD, DO)	\$150	\$175	
Physician Non-Member (MD, DO)	\$200	\$225	
PA Member	\$100	\$125	
PA Non-Member	\$125	\$150	
Retired Member	\$95	\$120	
Allied Health (ARNP, RN, Etc.)	\$85	\$110	
Resident/Medical Student (must pre-register)	\$50	\$50	
		Total Due:	\$_____



KAISER PERMANENTE

WASHINGTON PERMANENTE MEDICAL GROUP

